



Welcome to High School

2025-2026



OTTAWA-CARLETON
DISTRICT SCHOOL BOARD



Land Acknowledgement



We would like to begin by acknowledging that the land on which we gather is the traditional unceded territory of the Algonquin Anishinaabeg People. The Algonquin peoples have lived on this land since time immemorial.

We are grateful to have the opportunity to learn, work and live on this land.



A Place for Every Student

Students Are Why We Are Here

- We see you, we hear you and **student voices matter**
- Actions to create inclusive schools:
 - OCDSB Indigenous, Equity and Human Rights Roadmap
 - Anti-hate Toolkit
 - Identity-based support staff
- We continue to work together to dismantle barriers to learning and help all students achieve success.



OCDSB's Indigenous, Equity and Human Rights Roadmap



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Commitment to Equity

Indigenous Education

- Celebrate **Indigenous brilliance** by understanding historical and contemporary realities
- Ensuring Indigenous students have support, opportunities and resources to achieve academic success and personal well-being.



For more information, please contact **Chantel Verner** - System Principal of Indigenous Education (chantel.verner@ocdsb.ca)



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Commitment to Equity

Supporting Black, minoritized, and 2SLGBTQ+ Students

- Building staff awareness and capacity
- Providing student opportunities
- Programming and supports for students
- Increasing engagement and connectedness



*For more information, please contact **Jacqueline Lawrence** - Diversity/Equity Coordinator (jacqueline.lawrence@ocdsb), or **Juliet Robinson** - System Principal of Equity, Inclusion, and Anti-Oppression (juliet.robinson@ocdsb.ca)*



Commitment to Equity

English as a Second Language / English Literacy Development Programs for Multilingual Learners

- Focus on English language acquisition, and supporting program pathways.
- Supporting newcomer students and families with accessing school and community supports.



For more information, please contact **Melissa Collins** - System Principal,
Program Services, ESL/ELD K-12 (melissa.collins@ocdsb.ca)



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Commitment to Equity

Students with Special Education Needs

- Ensuring high learning expectations for all students in all programs while prioritizing the dignity and well-being of students in inclusive classrooms.
- Consider each student's learning strengths, areas of need, work habits, learning skills, and readiness to learn in specific subject areas.





NHS Leadership Team

- Ms. Tracy Shapiro - Principal
- Mr. Balazs Fazakas - Vice-Principal A-K
- Ms. Janice Isaac - Vice Principal L-Z
- Mr. Greg Fraser - Guidance Services & Guidance Counsellor - P-Z
- Ms. Jeannie Hunter - Special Education & Fine Arts
- Ms. Electra Hatzopoulos - English & Library
- Ms. Melissa Pregent - Languages & Technology
- Mr. James Zacour - Math & Computer Science
- Ms. Susanne Gerards - Science
- Mr. Stephen Hoogenraad - Canadian and World Studies & Business
- Mr. Scot Symes - Health and Physical Education



NHS Student Council Co-Presidents

Cayden Hudson



India Mulder





NHS School Council

Mr. Mike Morris – Co-President
~ School Council Committees

The Nepean School Council is governed by a Constitution and By-Laws and each member is on a committee that addresses specific needs. The opportunity to become a voting member of Council occurs at the first meeting of Council every September.

Council meets virtually on a monthly basis to discuss issues, needs, events, activities and fundraisers taking place at and for Nepean High School.

Meetings are open to all members of the Nepean High School Community including parents, guardians, caregivers and students, and are attended by student council members, the Principal, Vice Principals and teachers who provide up-to-date information about our students and our school.

Please follow us on Facebook
for daily updates, reminders, and
information!



High School Graduation Requirements

For students who started Grade 9 on or after fall 2024

Ontario Secondary School Diploma (OSSD)

Earned with the successful completion of:

- 30 high school credits (17 Compulsory + 13 Optional)
- 2 of the above credits earned through online learning courses (opt out available)
- 40 hours of Community Involvement Activities
- Provincial Literacy Requirement (OSSLT or OSSLC)
- Provincial Financial Literacy Requirement (part of the Grade 10 Mathematics course)

This Diploma keeps all doors open

Ontario Secondary School Certificate (OSSC)

- Granted on request to students aged 18+ who leave school before fulfilling the requirements for the Ontario Secondary School Diploma
- Requires a minimum of 14 credits.
- This Certificate may be a useful means of recognizing achievement for students who may plan to take additional training, or who plan to find employment after leaving school.
- This Certificate does not lead to college or university.

Certificate of Accomplishment (COA)

- Students who leave school before fulfilling the requirements for the OSSD or the OSSC may be granted a Certificate of Accomplishment.
- There is no credit requirement.
- This Certificate may be a useful means of recognizing achievement for students who plan to take certain adaptive programs, or other kinds of additional training, or who plan to find employment after leaving school.
- This Certificate does not lead to college or university.



Pathway Connected Learning Experiences

Cooperative Education

Students who are at least 14 years old can earn credits while working in the community with community partners.

Dual Credit

Students in Grades 11 or 12 have an opportunity to attend college and explore career and post-secondary opportunities earning a college and a high school credit.

eLearning

Students have the opportunity to learn in an online asynchronous environment supporting the completing of their learning around their unique schedule.

Ontario Youth Apprenticeship Program (OYAP)

Students who are at least 15 years old can earn co-op credits and gain apprenticeship training leading to a Certificate of Qualification with journey person in a skilled trade.

Specialist High Skills Major (SHSM)

Students can earn a SHSM designation on their OSSD by exploring career paths through a bundle of specific courses, certifications and connections with industry partners.

Trades and Technology

Students can learn through hands-on, experiential projects and explore interests in different areas of technology.



Continuing Education Programs

- **Elementary Summer School:** Literacy and Numeracy support for students finishing grades 6-8 and preparation for grade 9.
- **Summer School Credit:** A variety of grade 9 to 12 credit courses offered with some credit options for students finishing grade 8. Some COOP credit opportunities for Grade 11-12 students.
- **International and Indigenous Language Credit Programs (Secondary):** Language credit courses are available for Grade 9-12 students running from September to June. *A variety of languages are available.*
- **Specialised Programs:** For specific student groups during the school year and summer such as credit programs for Black Youth, 2SLGBTQ+ Youth, and English Language Learners.
- **Night School Credit:** Two sessions during the school year (Fall/Winter) offering a range of grade 11 and 12 courses.
- **Literacy and Numeracy (non credit):** Our Literacy and Numeracy Programs provide students in Grades 7 - 12 with a supervised opportunity to complete, review, practice and organize their work in order to help them achieve greater success at school.

For more information please visit our website: [OCDSB Continuing Education](#)



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Grade 9 Courses

Each student chooses 8 (*or 8.5 courses):

*One credit in Phys. Ed., Technology, and Arts is required for graduation.

- English
- French (Core or Immersion)
- Geography (English or French Immersion)
- Science (English or French Immersion)
- Math
- Phys. Ed. (All Genders or Female or Male)
- Tech
- Arts – Choose one of: Drama, Instrumental Music (with or without Optional Band .5 credit), Visual Art or Vocal Music



Grade 9 Courses

SUBJECT AREAS	ENGLISH PROGRAM	FRENCH IMMERSION
ENGLISH	ENL1W	ENL1W
MATH	MTH1W	MTH1W
SCIENCE	SNC1W	SNC1WF
GEOGRAPHY	CGC1W	CGC1WF
FRENCH	FSF1D	FIF1D
HEALTHY ACTIVE LIVING EDUCATION	Choose One : PPL1O (All Genders) PPL1OQ (Male) PPL1OP (Female)	
TECHNOLOGY	Choose One : TGJ1O (Communications Technology) TPJ2O (Health Care Technology and the Skilled Trades) THJ2O (Green Industries and the Skilled Trades)	
ARTS	Choose One : ADA1O (Drama) AVI1O (Visual Arts) AMV1O (Vocal/Choral Music) AMU1O (Instrumental Music)	
*AMR1O (Band) - May be selected as an additional half credit if AMU1O is also selected . Practices held before school - Wed. & Fri. 7:30 - 8:50 am.		



Example Grade 9 Timetable

The 8 courses are arranged in two semesters by the school (example):

SEMESTER 1
(Sept. - Jan.)

English
Math
Physical Education
Technology

SEMESTER 2
(Feb. - June)

Core French
Vocal Music
Science
Geography



Technology Course Offerings

- Communication Technology and the Skilled Trades (TGJ10)
- Green Industries and the Skilled Trades (THJ20)
- Health Care Technology and the Skilled Trades (TPJ20)





Technology Course Offerings

TGJ10 Communication Technology



This course introduces students to communications technology. Students will work in the areas of video, photography, graphic and animation.

Student projects may include computer-based activities such as creating videos, editing photos, working with audio, cartooning, developing animations, and designing web pages.

Students will also develop an awareness of environmental and societal issues related to com tech, and will explore postsecondary pathways and career opportunities in the various industry sectors.

THJ20 Green Industries



This course introduces students to the various sectors of the green industries – agriculture, forestry, horticulture, floristry, and landscaping.

Using materials, processes, and techniques commonly employed in these industries, students will participate in projects that may include plant or animal propagation; maintenance, and harvesting activities.

Students will also develop an awareness of environmental and societal issues related to green industry activities, and explore postsecondary pathways and career opportunities in the various industry sectors.

TPJ20 Health Care



This course introduces students to personal health promotion, child and adolescent health concerns, and a variety of medical services, treatments, and technologies.

Students will become familiar with various equipment and will learn about human anatomy and organs. They will plan recreational activities, perform a dietary analysis, and evaluate health care practices.

Students will develop an awareness of environmental and societal issues related to health care, and will explore secondary and postsecondary pathways leading to careers in the field.

Grade 9 Fine Arts at Nepean High School

NHS Students are welcome and encouraged to study more than one art discipline at a time!

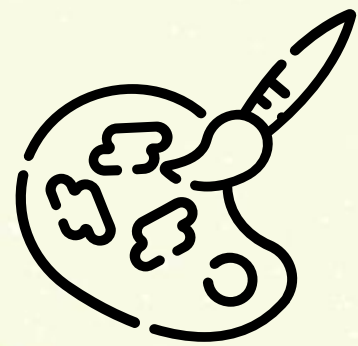


Drama

ADA10

Theatre Opportunities at Nepean:

- **Improv Club/ Improv Team - Canadian Improv Games competition and 2022 National Champions**
- **Nepean Spring Theatre Production**
- **Children's Theatre auditions and tour**



Visual Arts

AVI10

- **Gr. 9 focuses on the elements of art and a variety of media and techniques**
- **Art Club - speed painting competition, Santa for Seniors, Inktober, field trips**

MUSIC

Instrumental Music AMU10



- No prior experience required. Students will be welcomed at all levels.
- Main focus is on making music together in a fun and supportive environment.
- *Students who take instrumental music class are strongly encouraged to take AMR10 (Band) for an additional .5 Credit.*

Vocal Music AMV10



- Students sing in a group, solo singing is always voluntary.
- Sing diverse music from around the world and across time.
- Engage with the school and and greater world community.

Course Selection



- **Who should I talk to?**
 - Parents/caregivers, friends, school staff, other adults in your life
- **What should we talk about?**
 - Your wishes, hopes, and dreams
 - Hobbies and interests
 - What environment do you like to work in (e.g., shop, outdoors, classroom, etc.)?
 - Family history and traditions
 - Your thinking from your Individual Pathway Plans
 - Preferred learning style
 - Academic progress
 - Strengths
 - Learning and skills that you are working on





Course Selection

Your grade 8 teacher is your best ally in completing the course selection process!

Grade 8 to 9

- Course selection is done through [Xello](#)
- Login to your Xello account through the [Student Portal of the OCDSB website](#).
- Non-OCDSB students must [register online](#) and then our main office will contact you with next steps.

[Important Dates](#)

- Course submission opens: January 20th, 2025
- Course submission closes: February 28, 2025

Xello: The Course Selection Tool

Quick Introduction to Xello



Xello is an online tool that students can use to explore career options, build skills, and reflect on how learning connects with career and learning goals. It is also the tool used for course selection.

With Xello your child will:

- **Build Self-knowledge:** Define their interests, skills, preferences, and aspirations so they can explore the opportunities right for them.
- **Explore Options:** Learn about career possibilities and educational pathways by exploring rich, engaging content and lessons.
- **Create a Plan:** Students can create dynamic actionable plans that outline the steps needed to achieve school, career, and life goals.
- **Learn & Reassess:** Interactive lessons help your child develop age appropriate skills and knowledge for success in school and beyond.

Xello: From a student's perspective

- 1 Dashboard
- 2 Lessons
- 3 About Me
- 4 Explore Options
- 5 Goals and Plans





Student Services & Special Education

- Mr. Greg Fraser – Head of Guidance Services & Guidance Counsellor – P-Z
- Ms. Gianne Kedroe – Guidance Counsellor – A-Gi
- Mrs. Amy Wilson – Guidance Counsellor – Gj – M
- Mr. Jeff Dash – Student Success Teacher & Guidance Counsellor – N-O
- Mr. Jeff Earle – Student Success Teacher
- Ms. Caroline Hatton – Cooperative Education and OYAP Teacher
- Ms. Sandra Reid – Guidance Services Assistant

Special Education

- Ms. Jeannie Hunter – Head of Special Education & Fine Arts
 - Learning Support Teacher

***We are your learning support and wellness network!**



Special Education

Support For Exceptional Students

Grade 8 to 9

Student Services supports all students with identified learning needs through our special education programming and supports.

- If you are coming from outside the OCDSB, please connect with Ms. Jeannie Hunter in September for information.



Student Services



- You can always get in touch with us. Find us on the [Nepean High School website](#) under “[Student Services](#)”.
- Remember, your teachers are great resources, so ask them questions and listen to their answers!
- There are some excellent [Grade 8 Summer School Programs](#) (Summer School for Grades 6–8 Getting Ready for the Next Grade, Summer School Getting Ready for Grade 9, Grade 9 Reach Ahead Credit Courses, Summer School ESL step 1 and ELD Gr 6–8 Classes)



Next Steps

- Continue to consult with your teachers, family and friends about course selection.
- Login to your Xello account (through the Student Portal of the OCDSB website) to read course descriptions and to familiarize yourself with the site.
- Course selection window – January 20th to February 28, 2025.
- Contact us if you have any questions:
Last names A–Gi : gianne.kedroe@ocdsb.ca
Last names Gj–M : amy.wilson@ocdsb.ca
Last names N–O : jeff.dash@ocdsb.ca
Last names P–Z : greg.fraser@ocdsb.ca
Special Education and IEPs : jeannie.hunter@ocdsb.ca



Thank You

Thank you for joining us this evening and learning about the transition to Nepean High School and the opportunities available here and in the OCDSB.

You are now invited to participate in our Open House/Points of Interest, facilitated by our exceptional NHS LINK Leaders. Please make your way to the back of the auditorium.



NEPEAN HIGH SCHOOL

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Love Purple, Live Gold



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